

## COVID Safety Plan

Sonoma County Adult Coed Soccer league (SCACSL)

1908 dogwood Drive

Santa Rosa Ca 95403

Youth and adult recreational sports taking place on Santa Rosa City fields must follow California Department of Public Health (CDPH) Guidance: Outdoor Youth and Adult Sports Guidance 2-26-21 as well as local health orders and direction. Competitions within the County may resume if the adjusted case rate is no more than 7 per 100,000 residents. If case rates do not meet this, competitions must be cancelled. It is the Permit Holder/Club/Organization's responsibility to monitor the County case rate and enforce this guidance, as well as prepare a COVID safety plan for their organization that includes the points below. Sonoma County's adjusted case rate is posted in the Coronavirus Data Dashboard on the County of Sonoma website at [Socoemergency.org](http://Socoemergency.org). Guidance and plan subject to change.

### Proposed modification of the Health Order

Use of sports fields and associated parks authorized this Order shall comply the following requirements:

#### General Training and Cleanliness:

1. All coaches will be trained on proper sanitation, as outlined by the CDC (i.e. washing hands for 20 seconds with soap and water, sneezing into elbows, wearing masks and gloves, and staying home if sick).
2. Maintain at least six feet between participants and coaches when possible.
3. Players are recommended to take temperatures daily before going to games. Anyone with a fever of 100.0 or higher should not go to the match site. Players should also screen themselves for respiratory symptoms such as cough and shortness of breath prior to coming to the field each game. Players who are experiencing those symptoms should not attend their games for the day until a clear COVID test is presented.
4. Coaches will regularly clean all training equipment. Equipment will be cleaned between SCACSL games. Only game day equipment and personal beverage containers are allowed on the training site.
5. All coaches and players will be required to follow Federal, State, and local guidelines for social distancing, masks, and interactions when not playing the games. These guidelines will be enforced by the officiating referees and punishable by league disciplinary actions.

6. Follow normal preventive actions while at the field or at home, including washing hands often for at least 20 seconds and avoiding touching eyes, nose, or mouth with unwashed hands. It is especially important to wash hands:

- After blowing one's nose, coughing, or sneezing.
- Before and after touching your eyes, nose, or mouth.
- After using the restroom.
- Before and after entering or leaving a public place.
- Before and after touching your mask.
- After changing a diaper.
- Before eating or preparing food.
- After touching animals or pets.
- After caring for an ill person.

Hand sanitizer: If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water for at least 20 seconds.

### Facial Coverings

Facial Coverings to be worn by coaches, support staff and observers at ALL times. Face coverings can be removed when drinking water, applying sunscreen or addressing other health care needs for a limited time.

Facial Coverings to be worn by ALL when not participating and strongly encouraged to be worn during activity (including competition). Wearing Face coverings while playing is not mandatory but encouraged.

### Limitations on Observers

Observers for adult league sports are **PROHIBITED**. NO spectators are allowed at games other than minors who require supervisor from adults playing within the game. If alternative supervision can be made for minors, SCACSL recommends this be done to the best extent possible for limited spectators at game sites.

Once the game is finished, players must gather personal belongings and leave the field within 30 minutes of the end of game to limit park traffic.

Limit number of observers to ensure physical distance and reduce potential crowding

Observers maintain at least 6 feet distance from non-household members

### Inter-Team Competition

Inter-team competitions (games) are permitted only if both teams are located in the same county OR in immediately bordering counties where the sport is authorized

Only one competition, per team, per day to be played

No tournaments or events that involved more than two teams

### Hygiene and Equipment Sanitation

CONTINUE ROUTINE CLEANING AND DISINFECTION. Continue or revise your plan based on appropriate disinfectant and PPE availability. Dirty surfaces should be cleaned with soap and water prior to disinfection. Routinely disinfect frequently touched surfaces at least daily.

Participants perform hand hygiene (washing or hand sanitizer) before play, during breaks, at mid-point, and after the activity. This will be supplied by the coach for his team players.

Shared equipment can be touched by multiple players during practice or play providing hand hygiene protocols followed

### Laundry

After each Saturday game played, players are encouraged to remove game day uniforms and wash accordingly before continuing with daily routines outside the home. Recommendations are as follows: For clothing, towels, linens and other items that go in the laundry:

To minimize the possibility of dispersing the virus through the air, do not shake dirty laundry.

Wear disposable gloves when handling dirty laundry from a person who is sick.

Launder items according to the manufacturer's instructions. If possible, use the warmest appropriate water setting and dry items completely.

Dirty laundry from a person who is sick can be washed with other people's items.

Clean and disinfect clothes hampers according to guidance above for surfaces.

Wash hands after handling dirty laundry.

### Game Guidelines

1. SCACSL will designate a site-specific COVID-19 supervisor or supervisors to enforce these requirements. Designated COVID-19 supervisors shall always be present on-site during training activities. COVID-19 supervisors can be on-site workers who are designated in this role.

### Who will be the covid-19 supervisor at the field?

**Managers and officials will be the Covid-19 supervisors during times of play. Each Covid supervisors' duties will be to enforce the rules stated in our COVID SCACSL plan and report**

**to the SCACSL president any incidents or concerns jeopardizing the safety plan or our league play. Reporting of incidents should be done within 24 hours of game day play.**

2. Stagger start times to reduce crowds/overlap with other teams.
3. Players will either have their temperatures checked upon arrival to the game sites, or three hours before the start of game.
4. Players will bring their own water or sports drink to the game sites. No water will be available or shared between players.
5. Restrooms will be available at game sites. Each team manager will have disinfectant wipes available to use to disinfect the bathroom after each use. Use an Environmental Protection Agency (EPA)-approved disinfectant against COVID-19 and read the label to make sure it meets your needs.
6. Either Managers will provide all the game day equipment or players will provide their own equipment. In either case, training equipment will be disinfected before and after each training.
7. Hand sanitizer and Disinfectant wipes will be available to all coaches and players. These materials will be supplied by the coaches or delegated to one of the players on the team to be responsible to bring each game. Possible disciplinary actions will be taken if these materials are not available upon request.
8. All protocols will be posted on the SCACSL websites . Coaches and players will be required to enforce the protocols to remain open.
9. Players are encouraged to leave the field immediately after their game has finished or stay within their team “pod” maintaining a social distance of six feet and mask wearing. If a team remains at the field, all COVID safety guidelines need to be followed and enforced by league discipline.

#### General Conditions

How will the infection rate be monitored, and communicated to ensure if it rises above 7/100,000 games are cancelled?

**The information on County COVID infection rates is communicated through the city of Santa Rosa Parks and Recs and delivered directly to SCACSL president. If infection rates rise above 7/100,000, SCACSL president will contact managers and cancel games until COVID infection rate decreases to 7/100,000. Games not played due to infection rate increase will be reimbursed by the city therefore teams will be reimbursed for games not played.**

**City of Santa Rosa Parks and Recs are also closely monitoring infection rates and will close outdoor league play if COVID infection rate increases above the 7/100,000 cases.**

Progress Toward Contact Training and Games

The County Health Officer may from time to time might allow programs to move from this reopening phase to less restrictive guidelines. Compliance with appropriate safety and training protocols, and community health, will dictate if and when we are able to increase contact. It is incumbent on all to minimize the spread of COVID-19 within our County.

**SCACSL COVID SAFETY PLAN** is put into place to keep the community and players safe while allowing access to adult soccer games while. Managers and players within the league have agreed to follow the COVID safety plan in order to play adult soccer outdoors. Any player, manager or team spectator refusing to follow our leagues safety plan will be reported by the game day official and brought to the discipline board.

**Team specters**- Managers will hold responsibility for their teams' specters and the enforcement on the COVID Safety Plan. If specters are refusing to follow the COVID Safety plan, they will be asked to leave the game play area. If specters refuse to leave, Managers will be held accountable for their spectators' actions and this incident will be brought to the disciplinary board for discussion and possible fine up to \$50.

**Players**- Managers will hold responsibility for their teams' players and the enforcement of the COVID safety plan. If a player refuses to follow the plan and continuously disregards the rules, the player will be fined up to 50\$ and removed from the league.

Any players that are presenting with COVID like symptoms will present this information to the Team Manager. This player will not be allowed to play within the League without a NEGATIVE COVID test. The Team manager will contact the SCACSL President to inform them of the possible COVID exposure. SCACSL will contact teams involved to alert them of the exposure and make sure confidentiality is maintained.

**Managers** - Any Manager refusing to follow the COVID safety reopening plan will be fined 50\$ (no discussion) . Any Managers that have already been previously warned and fined yet still continue to disregard the plan, will be removed from the league with possible suspension of their team the remainder of the season.

**Teams**- Any teams not following the COVID Safety reopening guidelines will be fined (taken out of their deposit). One warning will be stated following the 50\$ minimal fine for the following offense. Guidelines such as; leaving the field with 30 minutes, Social distancing, mask wearing or allowing spectators at games. This will be reported by Refs and enforced by the discipline committee.

Teams will gather on opposite sides of the field. There will not be two teams located on similar sides during the course of the game

**All teams playing in this current Spring 2021 season agree to follow the above terms and conditions.**